



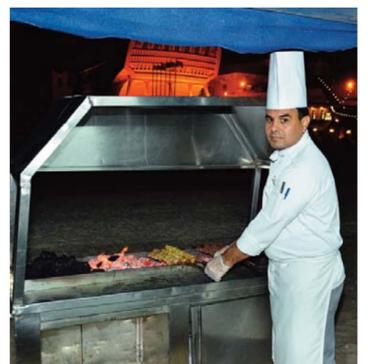
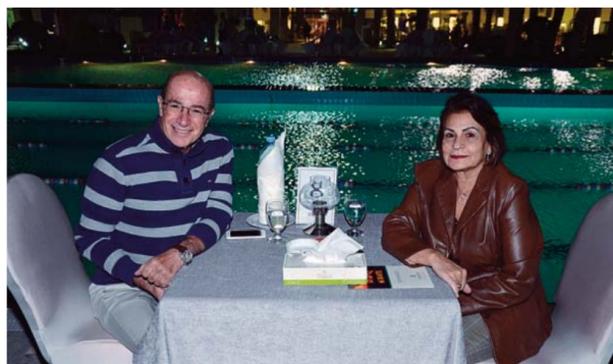
## BBQ NIGHTS AT THE PALMS BEACH HOTEL & SPA

### COFFEE & TEA CULTURE AT ITS BEST!

The Library Café with a renowned for queer but enticing experiences, at the Millennium Hotel & Convention Center Kuwait, offers a quite new experience of 'A Tea & Coffee Culture'. "It's going to be a very unusual and, ipso facto, an irresistible experience", stated Dani Saleh, the Area General Manager of Millennium & Copthorne Hotels Kuwait. "Quite an extraordinary and unique technique of preparation" he continued, "that brings you the pleasant reminiscences of the country of the drink origin and the rare and tempting relish of its fine Tea/Coffee blends". The Library Café with its enchantingly cool and ambient atmosphere welcomes you to enjoy this sophisticated culture while reading your favorite literature picked up from the selected collection of the Café or conversing with your intimate friend.

The variety of Teas & Coffees will fill your mouths full as you fish through the menu prepared in their unique traditional recipe: the exotic blossom Tea in different salivating flavors; the strange Vietnamese Coffee, from premium quality Vietnamese beans specially roasted and ground to medium to coarse granules; The Mocha pot coffee: a perfect drink rich in aroma and prepared in an Italian steam-based espresso maker that produces full-bodied coffee; the Turkish coffee renowned for its captivating aroma prepared as per Lebanese/Egyptian recipe; the Arabic coffee, another unique Arabic preparation in the Arabic coffee pot served with Arabic delights and dates. Matcha Tea, a peculiar preparation done in your presence: a finely ground Japanese tea powder dissolved in water and being known for its huge supply of anti-oxidants.

The Moroccan tea is yet another addition to the exceptional menu catered specially to the taste of tea & coffee connoisseurs to enjoy savoring the smooth and sweet taste. Whichever the Beverage you choose, you can be sure it will be freshly and traditionally made from the highest quality ingredients. It's a different taste that you will definitely appreciate.



The cool autumn breeze and its fascinating nights bring along The Palms Beach Hotel & Spa famous BBQ Nights that aspire a unique look this season. The spectacular shining event will take place every Monday & Thursday Night at 8:00 pm to last till late after midnight.

This distinctive event of the Palms BBQ Nights to be held by the beach and around the swimming pool area surrounded by flowers, greenery and palm trees is considered one of the hotel's essential and unique events. It is looked for and well anticipated not only by the Hotel's guests, but also by all Kuwaiti people & expatriates that

provides the ideal location for families, friends and gatherings with its great selection of food, fascinating ambience and atmosphere.

In addition to its rich buffet that abounds with delicious dishes from around the globe, there is the sumptuous BBQ of all kinds of meat and seafood that account for the event's fame, with the famous live cooking stations which The Palms is well known for, starting from Seafood station, Iranian grilled station and tanour bread, Mongolian station, Shawerma station, BBQ station and more... where our experienced chefs will prepare the food right in front of your eyes while enjoying a selection of

appetizers, salads, desserts and fresh juices.

"Our meticulous preparation takes the largest part to meet what the Palms BBQ Nights need, and Master Chefs at the Palms are working hard, using their long expertise to present innovative menu enriched with delicious food while exerting all possible efforts to satisfy our goal in serving our guests & clients even better..." Said Rabie Al-Sukhon - Palm Hotel's General Manager. Further he adds "Our dear guests & clients are most welcomed to experience a memorable time with us at The Palms Beach Hotel & Spa and to enjoy the Palms BBQ nights with their families and friends every Wednesday Night."



## RAINBOW-2016 REGISTRATION CONTINUES

Registration continues for Drawing and Painting competitions "Mazhavilla (Rainbow 2016)" with the caption of "Emergence of True Colors" scheduled on to 11 November 2016 at Carmel School, Khaitan from 1 pm. The competitions are classified in to 4 groups as Kindergarten (LKG&UKG), Class 1-4 (Sub Juniors), Class 5-8 (Juniors) and Class 9-12 (Seniors). First prize winners of each category will be presented with Gold Medals (Gold Coins) followed by 2nd, 3rd prizes and several attractive consolation prizes. Online registrations are made available through [www.kalakuwait.com](http://www.kalakuwait.com). The inaugural session will start at 12.30 pm at Carmel School Auditorium. For parents and interested artists of Kuwait to participate, KALA-Kuwait is arranging a Community Canvas. A few selected works will be suitably rewarded with prizes.

Kerala Art Lovers Association, KALA-Kuwait, one of the biggest Indian associations of Kuwait registered under Hon Embassy of India, conducts several programs in Kuwait targeting entire Indian community in Kuwait such as yearly Balakalamela (Youth Festival for Indian Students) and undertake several Charity programs as well as many Cultural events.

Noted artist of Kerala and Secretary of Kerala Lalithakala Academy Ponniam Chandran, will be the Chief Guest. Mr Chandran, holding masters in Political Science is a leading Artist of Kerala and did his studies in painting from School of Arts Thalassery as well as at Ecole Des Bour Art Caebm France. Being an artist, he has conducted several exhibitions all over India as well as abroad. Further he is recipient of several awards including Lalithakala Academy and scholarships from India as well as from Government of France to visit and study.

The highlight of Rainbow 2016 will be the "Painting Workshop" on "New Techniques on Painting" exclusive for students registered for the painting competitions. This will be an Audio Visual event describing the history of painting from the ancient era to current transitions in the modern days. The schedule of the painting workshop shall be from 6 pm to 8 pm at United Indian School, Abbasiya, on 10 November 2016. Thereafter, Mr Chandran will have a Technical Interaction on the "Ethnic Arts and Modern Visualization" with the professional artists of Kuwait at Manga KALA Centre from 8.30 pm. The entry is open and all are welcome.



## ACK HOSTS 'YOUTH EMPLOYMENT SYMPOSIUM'

The Alumni and Career Placement Center at the Australian College of Kuwait (ACK) hosted the "Youth Employment Symposium" organized by Tmkeen, featuring the internationally renowned speaker and Founder of Gearup Program, Dr Lena Ramfelt. Under the title of "Creating a Successful Career Path" Dr Lena advised ACK Alumni and students on how

to create a prosperous career future. Recruitment staff from the Kuwait Finance House (KFH) joined the event to offer services to ACK Alumni and students such as career counseling and planning.

Commenting on the event, Dr Lena stated: "It was a great pleasure for me to interact with the students at ACK. I see a huge potential in them to further develop Kuwait.

Aspiring entrepreneurs are nurtured at ACK. ACK has a change maker in Chairman Mr Abdullah Al Sharhan. I was very inspired by our conversation and appreciated when he stressed the importance of that we as teachers have to interact with our students in order for them to learn."

The mission of the Alumni and Career Placement Center at ACK is to preserve and

support the relationship between ACK and all its graduates through quality career services and outstanding benefits. The Center offers a myriad of services and benefits to ACK Alumni that range from personal to professional development, such as career counseling, assistance in securing career opportunities, networking platforms, community service and much more.



## RUNQ8: CONTINUING TO SUPPORT CHILDREN WITH DISABILITIES

RunQ8 is returning for its sixth year - bigger and better than ever - to continue fulfilling its mission to support children with disabilities. Organized by the non-profit Fawzia Sultan Rehabilitation Institute (FSRI), RunQ8 has become one of Kuwait's biggest and most highly anticipated charity sporting events, attracting more than 1800 participants last year. Returning to the venue of its first ever race, RunQ8 is taking place this year on November 12th at The Scientific Center Kuwait.

The annual initiative aims to raise awareness and funds to support FSRI's Children's Evaluation and Rehabilitation Center (CERC), a non-profit pediatric facility, providing specialized and multi-disciplinary treatment and care for children with disabilities - including rehab for physical injuries, developmental disorders, speech, language and swallowing difficulties,

behavioral difficulties, learning disabilities, and much more. Funds raised from RunQ8 go towards enabling CERC to continue providing specialized quality care to children who otherwise may not be able to get the care they need. The majority of raised funds are used to help families suffering from financial difficulties, providing them with treatment at a subsidized lower cost, or even for free in some cases.

One thing that has always made RunQ8 special: it is an event for everybody, regardless of age or fitness level. Running is one option, but definitely not a must. For those unable to run a marathon, they can walk, jog or just stroll. The important thing is participating and supporting this great cause.

This year, RunQ8 is offering two chipped race distances - a 5km or 10km. For all the serious athletes and competitive

runners, it is a great opportunity to push their limits and challenge themselves. For everyone else, it is simply a chance for some outdoor fun with family and friends in the beautiful November weather.

As a non-profit initiative, RunQ8 could not have become such a big success without the overwhelming community support it has received over the years. In its sixth year, the event enjoys the support of a number of local organizations and companies, including RunQ8's founding partner Agility, The Promenade Mall, The Scientific Center, Al-Ruwayeh & Partners (ASAR), EQUATE, Fitness First, Intersport, Jumeriah Messilah Beach Hotel & Spa, Porsche, Al-Essa Health Shop, Ikea and Tap, in addition to the support of media partners Al Anbaa, Ahlan and Kuwait Times, as well as social media partners Khaleesjesque and Everything Kuwait.