

TELEHEALTH

The future of
modern medicine

What is telehealth?

Telehealth is a use of communication technologies (such as computers or phones) to access health care services in a long distance. It can be used for wide range of medical services including consultations, education, medication prescription or even surgeries

Why is Telehealth beneficial?

- Providing medical services to patients that are not able to leave their homes or have any difficulties to reach the clinic (distance, logistics etc..)
- Immediate medical advice and assessment
- Elimination of transportation costs/time off work for the session



What do we offer?

- 1 Individual physiotherapy sessions
- 2 One on one personal training
- 3 Pilates classes
- 4 Mental health consultations




WHO IS TELEHEALTH GOOD FOR?

- 1 People who struggle to get to clinic (working hours, logistics) but still need to attend their session
- 2 People who are not comfortable to leave their homes because of Covid19 situation
- 3 People who travelled abroad and were not able to come back yet
- 4 People with acute pain who need immediate advice/pain relief
- 5 People who want to train in comfort of their own home but still want professional supervision

HOW DOES IT WORK?

Book online session of your desire through FSHN reception/call center

- ➔ You will receive payment link and appointment information
- ➔ You will receive zoom link for your online session 



For inquiries and booking; please call us at 22257238

